



TENJUDO SPA

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MINIMUM PANDEMIC WORKPLACE OPERATIONAL REQUIREMENTS FOR THERAPEUTIC MASSAGE / SPA ESTABLISHMENTS

GUESTS:

- ✓ Temperature check all guests at entrance / reception (guests with 100F+ are not allowed)
- ✓ Verbal client screening questionnaire
- ✓ Guest with coughs, cold or flu-like symptoms on the day and time of the treatment will not be accepted

COMMON AREA:

No more than 10 people at one time or a maximum of 50% occupancy

- Guest must wear masks in common area
- Ensure 6 ft distance between unrelated parties
- Post signage to emphasize social distancing and other rules
- Thoroughly clean/ disinfect high touch surfaces such as doorknobs, table and sofa regularly
- Remove all unnecessary items and discourage guest from touching surfaces unnecessarily

FACILITIES:

- Adjust appointment times for enhanced sanitation/ disinfection between guests
- Only guests with confirmed appointment are allowed to enter the establishment
- Recommend service by appointment only

EMPLOYEES

- Ensure proper mask use and sanitation technique training available to all employees
- Temperature check all employees daily on arrival. 100F+ will not be allowed to work
- Employee with coughs, cold or flu-like symptoms are not allowed to work
- All employees are required to wear masks at all times
- Change any protective garments on a regular basis and sanitize reusable garments

RECEPTIONIST

- Sanitize hands and table counter between each transaction
- Ensure 6 ft distance between unrelated parties, minimize interaction
- Post signage to emphasize social distancing and mask wearing
- Thoroughly clean/ disinfect reception desk and common area after each use
- Sanitize pen after each use
- Menus to be disinfected between each use
- Receptionist to wear disposable gloves as much as possible
- Provide contactless payment options as much as possible

TREATMENT ROOM:

- ✓ Limit one guest per room. No room to be shared unless requested by couple or related parties
- ✓ Reflexology room has a divider per seating, customer is advised to keep mask on during foot reflexology treatment
- ✓ Guest may remove masks while lying face down in treatment room

TREATMENT

- Wear latex disposable gloves and also thoroughly sanitize hands between each treatment
- The bottles of oils and creams sanitized after each use, ensure kept in closed container
- Sanitize massage table and replace sheets after each use
- Sanitize entrance and treatment room doorknobs after each guest

LINEN/LAUNDRY

- Change guest linen such as bed sheets, bath towel and hand towel after each use
- Laundry should be stored in covered, sanitized containers that are clearly delineated clean
- Disposable gloves should be worn when handling soiled laundry
- Use appropriate temperatures for washers and dryers to ensure thorough sanitization of linens

FACILITY/EQUIPMENT

- Remove unnecessary decorations and items that cannot be sanitized
- Hand sanitizer available inside entrance
- Rubbing Alcohol or Antiseptic solution available
- Massage table accessories such as pillows, cushions and bolsters used during services should be covered with a material that can be sanitized or disposable material

RESTROOMS

- Clean and disinfect ALL restroom surfaces including floors, sinks and toilet bowls
- Store paper products in a closed cabinet
- Place trash can near to the door or within reach of the door
- Restroom must be supplied with liquid soap and paper towels. No cloth towels
- Post hand washing signs in the restrooms